



2011

Jiulong Baguazhang and other Internal Workshops

From Dr. John P. Painter

February 4-6	Saskatoon SK, Canada – Dr. Yancy Orchard 306-229-6274 e-mail: saskatoonbagua@sasktel.net
February 25-27	Nashua, NH - Bobb Maio 603-620-5361 e-mail: bobb@granitedragon.net
April 8-10	Raleigh-Durham NC - Ethan Rasiel 919-260-0049 e-mail: info@trianglebagua.com
April 15-17	Akron, OH – Rick Krausman 419-566-6674 e-mail: jiulongohio@gmail.com
April 29 - May 1	Toronto Canada - Eric Reynolds & Dr. Jan Carstoniu 416-427-3712 e-mail: learn@bagua.ca
May 21-23	Raleigh-Durham NC - Ethan Rasiel 919-260-0049 e-mail: info@trianglebagua.com
June 3-5	Albany, NY - Tai Chi Gala - Various Programs – Loretta Wollering (Host) 973-827-8805 e-mail: TaiChiGala@Yahoo.com
June 6-10	Annual Jiulong Baguazhang Gathering of the Circle – Loretta Wollering (Host) 973-827-8805 e-mail: TaiChiGala@Yahoo.com
July 15-17	Quincy, MA – Dale Dugas 617-595-8097 e-mail: info@bostonbaguazhang.com
August 26-28	Nashua, NH - Bobb Maio 603-620-5361 e-mail: bobb@granitedragon.net
September 2-4	Saskatoon SK, Canada – Dr. Yancy Orchard 306-229-6274 e-mail: saskatoonbagua@sasktel.net
September 30 – October 2	Founders Day – The Gompa in Arlington, Texas 817-860-0129 e-mail: thegompa@aol.com
October 21-23	Toronto Canada - Eric Reynolds & Dr. Jan Carstoniu 416-427-3712 e-mail: learn@bagua.ca
November 11-13	Raleigh-Durham NC - Ethan Rasiel 919-260-0049 e-mail: info@trianglebagua.com
December 2-4	Akron, OH – Rick Krausman 419-566-6674 e-mail: jiulongohio@gmail.com
December 9-10	Quincy, MA – Dale Dugas 617-595-8097 e-mail: info@bostonbaguazhang.com

Li family Reality Based Health and Martial Arts

Workshop Contacts

The following individuals are instructors or sponsors in the Jiulong Baguazhang Association and offer weekly classes in the art and sponsor workshops each year. For information on classes or to register for a workshop please contact the instructor or workshop host.

Arlington TX - Mike Leach (Manager of the Gompa)

PO Box 1777 - Arlington TX. 76004

817-860-0129 e-mail: Thegompa@aol.com website: www.TheGompa.com

Raleigh-Durham NC - Ethan Rasiel

Chapel Hill, NC

919-260-0049 e-mail: info@trianglebagua.com website: www.trianglebagua.com

Toronto Canada - Eric Reynolds and Dr. Jan Carstoniu

Mindbody Training Centre

124 Merton St., Suite 101 Toronto, Ontario, Canada M4S 2Z2

416-427-3712 e-mail: learn@bagua.ca website: www.bagua.ca

Saskatoon, SK, Canada - Dr. Yancy Orchard

Saskatoon Traditional Kung-Fu

139 Taylor Street East, Saskatoon, SK S7H 1T9

306-229-6274 e-mail: saskatoonbagua@sasktel.net
website: www.NineDragonBaguazhang.ca

North Quincy, MA - Dale Dugas

Boston Jiulong Baguazhang

PO Box 35, Quincy, MA 02171-001

617-595-8097 e-mail: info@bostonbaguazhang.com
Website: <http://www.bostonbaguazhang.com>

Nashua, New Hampshire - Bobb Maio

Granite Dragon Arts

120 Amherst St. Nashua, NH. 03060

603-620-5361 e-mail: bobb@granitedragon.net website: www.granitedragon.net

Boulder / Denver, CO - Barry Solway

Spiral Path Martial Arts

720-635-0860 e-mail: Info@spiralpatharts.com website: www.spiralpatharts.com

Akron, OH – Rick Krausman

419-566-6674 e-mail: jiulongohio@gmail.com

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London, U.K. – Rey Bowen

+44 (0)7949 535 812 e-mail: rey@baguaengland.com

website: www.baguaengland.com

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Visit our Websites

www.thegompa.com www.ninedragonbaguazhang.com

We invite you to ask questions and discuss the Li family arts on our Yahoo Groups clubs.
<http://sports.groups.yahoo.com/group/JiulongBaguazhang/>